

View previous programme deliveries

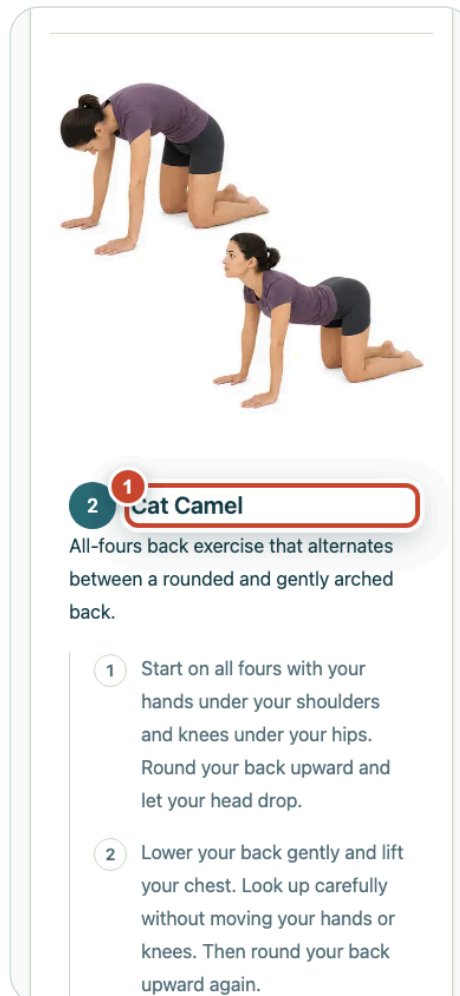
See the current programme and review what changed in previous deliveries.

1

Check the updated programme

Where you are: Your care provider has sent a new programme version.

What to do: Check that the new exercise appears in the current programme.



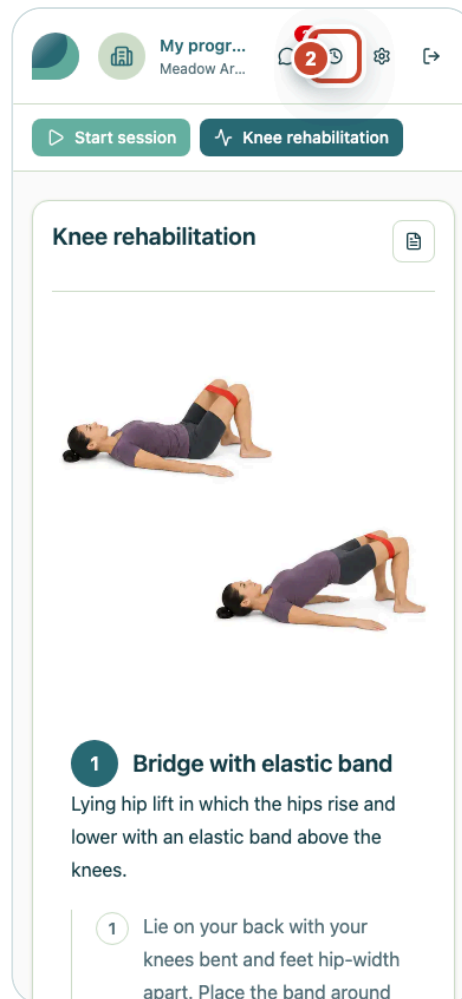
Complete when: The current programme shows the newly delivered exercise.

2

Open all deliveries

Where you are: The current programme is open.

What to do: Select All deliveries.



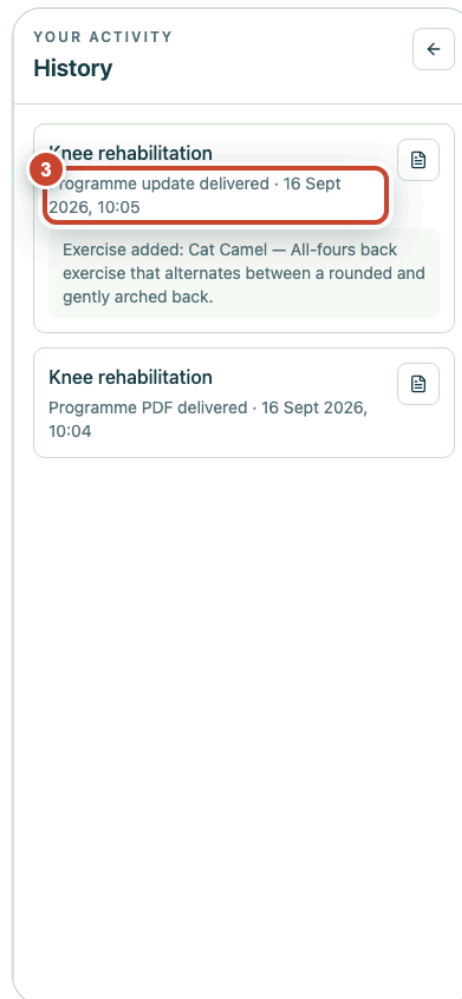
Complete when: The delivery history opens.

3

Review the change

Where you are: The delivery history is open.

What to do: Read the latest delivery and its listed changes.



Complete when: The programme update and added exercise are shown.