

Delete a private exercise

Permanently delete a private exercise that you no longer need.

1

Open the exercise

Where you are: The private exercise is in your library.

What to do: Open the exercise details.

The screenshot displays the 'Exercises' section of the PhysioWorkplace Clinical workspace. The left sidebar contains navigation links: Dashboard, Patients, Programs, Exercises (highlighted), and My favourites. The main content area is titled 'Exercises' and 'Search and build your exercise library'. It features a search bar with the placeholder 'Search title, tags, body regions, or instructions' and a '+ Add exercise' button. Below the search bar are navigation arrows, a '+ Add filter' button, and a 'Clear filters' button. The results section shows '14 results' and displays four exercise cards. The first card, 'Temporary balance exercise', is marked as 'Private' and has a red circle with the number '1' next to its edit icon. The other three cards are 'Public': 'Sit-to-stand', 'Single-leg balance', and 'Shoulder wall slide'. Each card includes an illustration of the exercise, a star icon for favorites, and an edit icon.

PhysioWorkplace
Clinical workspace

Exercises
Meadow Arc Rehab

Robin Ek
physio-4799c20f-7c1e...

Exercises

Search and build your exercise library

Browse public exercises and find private library entries.

Search title, tags, body regions, or instructions

+ Add exercise

← → + Add filter Clear filters

14 results

Temporary balance exercise
Private

Sit-to-stand
Public

Bilateral transfer from sitting to standing and back, performed from a chair with the feet kept in the same position and the arms crossed over the chest.

° Sit-to-stand ° Hip ° Knee ° Thigh

Single-leg balance
Public

Static balance exercise in which body weight is supported on one leg while the other foot stays

Shoulder wall slide
Public

Bilateral shoulder exercise in which the hands slide upward on a wall while the trunk remains upright.

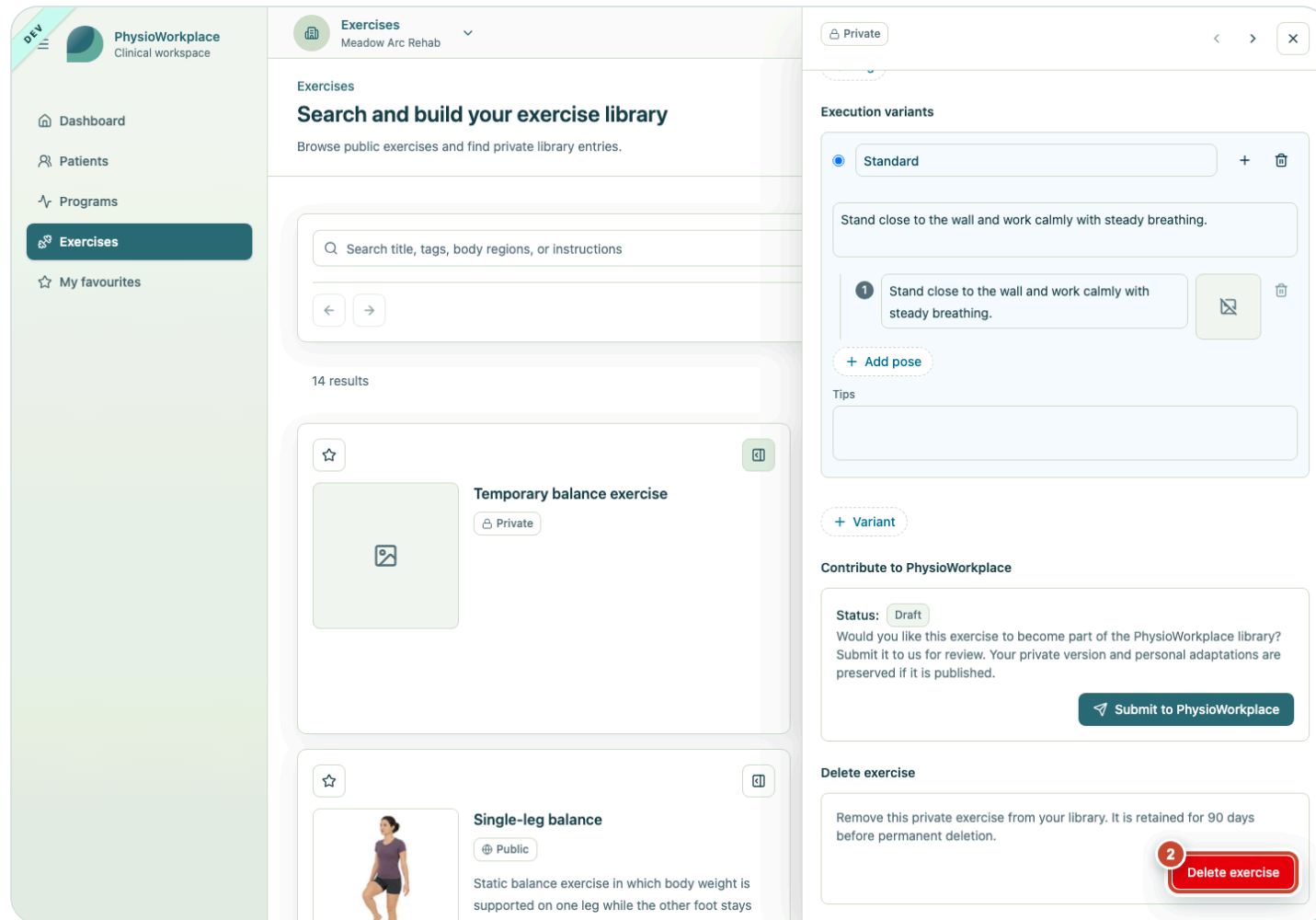
Complete when: The exercise editor opens.

2

Select Delete exercise

Where you are: The exercise editor is open.

What to do: Select Delete exercise at the bottom of the panel.



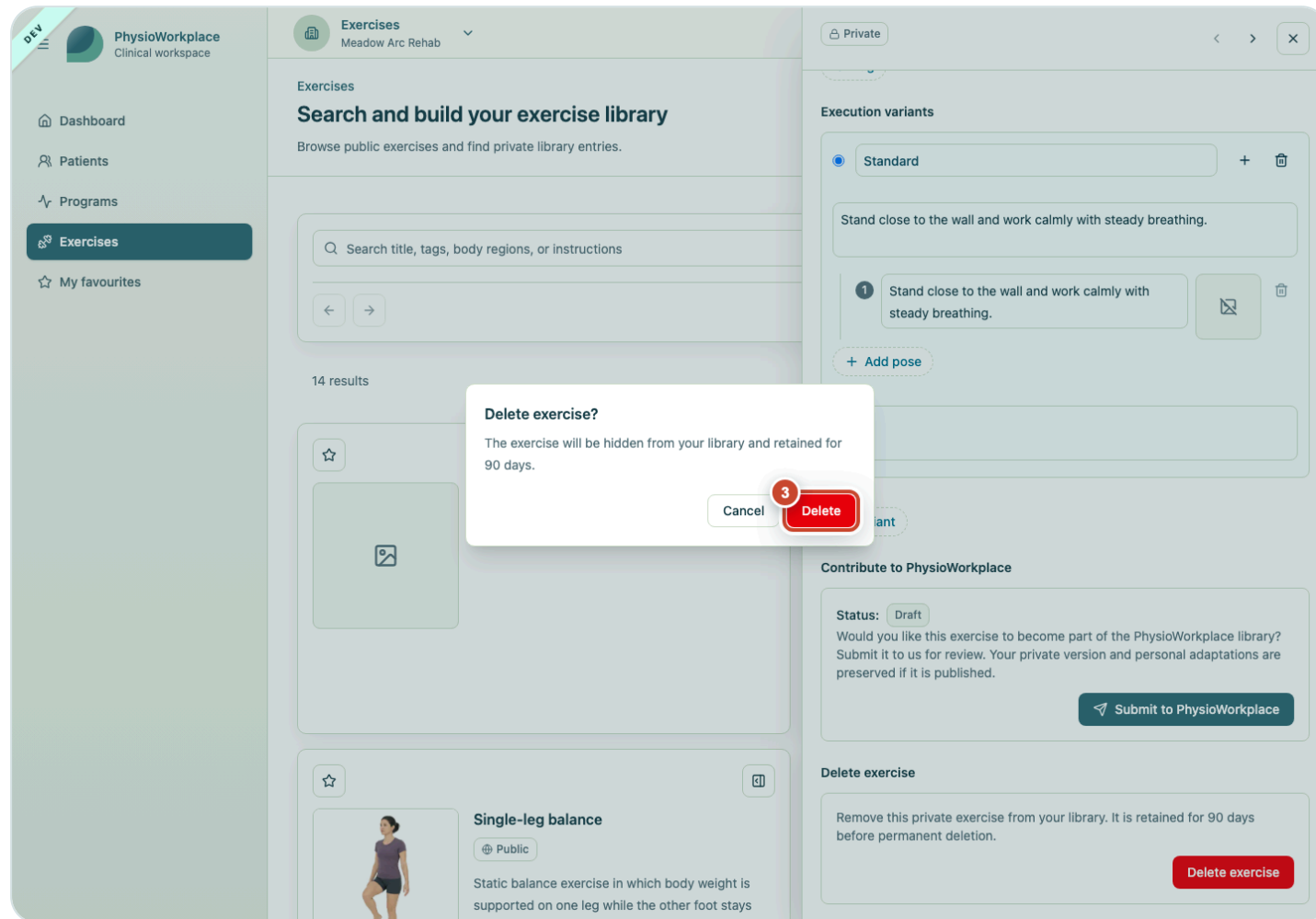
Complete when: A confirmation dialog opens.

3

Confirm deletion

Where you are: The dialog explains that the action cannot be undone.

What to do: Select Delete.



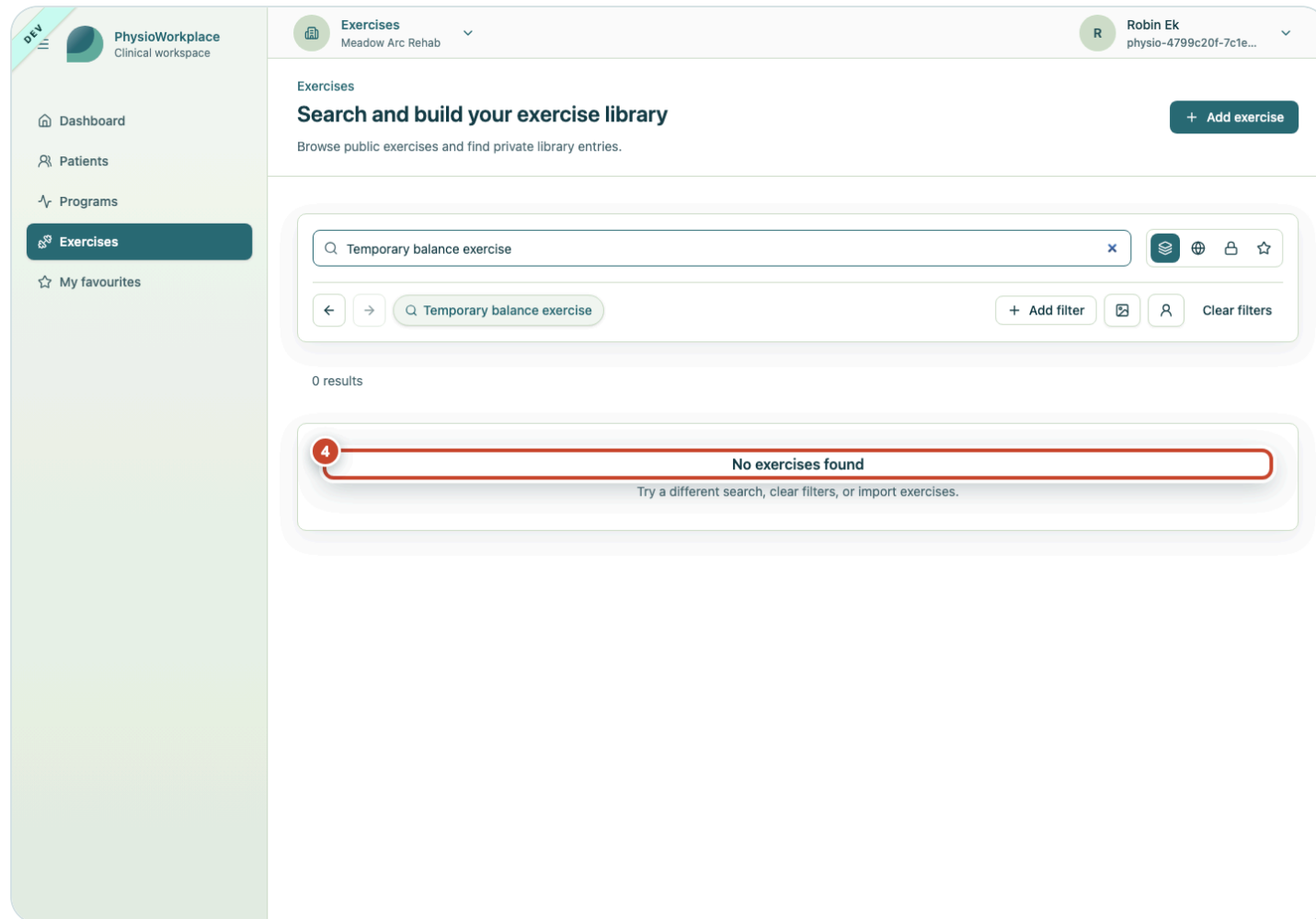
Complete when: The exercise is permanently deleted.

4

Check the result

Where you are: You are back in the exercise library.

What to do: Search for the deleted exercise title.



Complete when: No exercises match the search.